

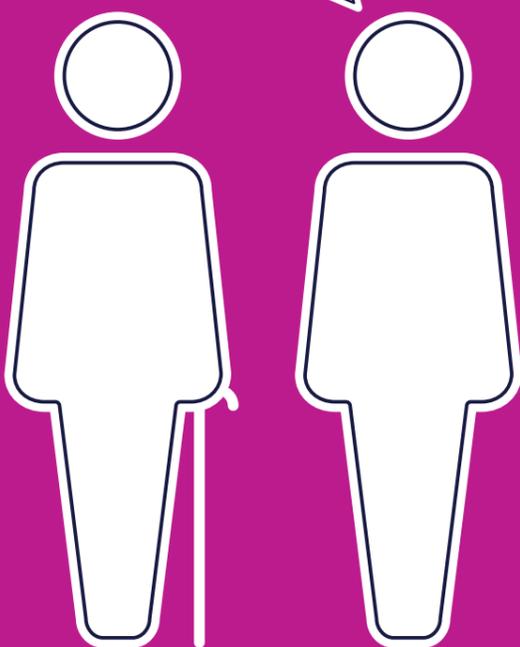


# Comprehensive Care

Think about the link

## Planning end of life care

"Do you have an advanced care plan?"



### About end of life care

- End of life care helps improve the quality of life for someone who has a life-limiting illness, by offering services, advice, information, referral and support
- Think about the link – effective planning for end of life care ensures patient centred care

### How can I provide Comprehensive Care to assist with planning for end of life care?

- Complete the initial patient assessment questions in the 'Risk Assessment Tool' and if any questions generate a YES response, refer to the Palliative Care Clinical Nurse Consultant (CNC):
  - "Is this patient known to community palliative care?"
  - Ask yourself (not the patient) "Would you be surprised if this person died during this admission or in the next days or weeks?"
- Ask and document the presence of an Advanced Care Plan or Directive. If yes, create an alert within IPM & EMR
- Recognise if your patients' goals of care have changed to a palliative approach, and make an EMR referral to the Palliative Care CNC
- Consult with your patients, their carers and their families on decisions about what matters to them most
- Provide education and support to your patients, carers and families
- Initiate the 'End of Life IPOC' to ensure your dying patients symptoms are managed and that they receive high quality, patient centred care
- Ensure your patients' 'Acute Resuscitation Plan' accurately reflects their status during that admission
- Ensure your colleagues are aware of personal support services available

### Where can I learn more about end of life care?

- Complete the 'End of Life Essentials' Welearn package
- Refer to the Western Health 'End of Life Care Policy'
- Refer to the guidelines for managing symptoms and anticipatory medications for end of life care - found on the Western Health Palliative Care Intranet page
- Links to resources to support consumers, carers and families in their decision-making can be found on the Intranet under Palliative Care
- Refer to the Palliative Care Consultant - on call 24 hours, 7 days a week for advice